



Rosendale Primary School and Children's Centre

Rosendale Road, West Dulwich, London SE21 8LR Tel 020 8670 4962 Fax 020 8761 9997

Email info@rosendale.cc

RELATIONSHIPS & HEALTH EDUCATION POLICY

A statement of Rosendale's approach to the teaching of Relationships and Health Education (RHE) aiming to prepare pupils for their lifelong learning about personal, physical, moral and emotional development.

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Review: September 2021

SLT owner: Headteacher

Distribution: Staff, governors and families

Curriculum context

The RHE curriculum is delivered in the context of clear values about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It should teach children and young people to develop and form positive values, attitudes, personal and social skills, and increase their knowledge and understanding of how to make informed decisions and life choices.

We have based our school's Relationships and Health Education policy on the statutory guidance document "Relationships Education, Relationships and Sex Education (RSE) and Health Education" (DfE, 2019 - link below). The Department for Education (DfE) guidance states that from the Summer term 2021, all primary schools must teach Relationships and Health Education.

Within this policy, as in the DfE guidance, Relationships Education is defined as teaching about the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

The teaching of Sex Education in primary schools remains nonstatutory, with the exception of the elements of sex education contained in the science national curriculum including the main external body parts, the human life cycle (including puberty) and reproduction in some plants and animals.

The DfE guidance recommends that schools deliver age-appropriate sex education only if they feel their pupils need this information and when this is required parents/carers will be consulted.

DfE information for both statutory and non-statutory guidance can be found using this link.

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

RHE Curriculum

Our Relationship and Health education will be taught by the class teacher using the HeartSmart programme. This is a creative approach to delivering the Curriculum that primary schools use to build character, emotional health and resilience in children. It is divided into five themed units based around the Heartsmart Highfive which are revisited each year. Please click this link for the Heartsmart Parent Flyer:

<https://irp-cdn.multiscreensite.com/b26e73f5/files/uploaded/HeartSmart%20Parents%20Flyer%202019%20Update%201.pdf>

This film is a brief introduction for parents to the HeartSmart curriculum

<https://www.youtube.com/watch?v=WI9XpRqJXwQ&feature=youtu.be>

The overview of the curriculum topics that can be covered by each year group can be found here.

- [Early Years Nursery](#)
- [Early Years Reception](#)
- [Year 1](#)
- [Year 2](#)
- [Year 3](#)
- [Year 4](#)
- [Year 5](#)
- [Year 6](#)

Safeguarding

In providing children with an understanding of healthy relationships and appropriate boundaries, we consider RHE to be an important part of our school's approach to safeguarding. If a safeguarding issue should arise staff are trained to follow the procedures as outlined in the [school safeguarding policy](#)

Special Educational Needs and/or Disability (SEND)

The DfE guidance makes clear that RHE must be available to all pupils. For the majority of children with SEND carefully differentiated and personalised high quality teaching will ensure accessibility. For our most vulnerable learners the teaching will be sensitively and appropriately adapted. This may include pupils with social, emotional and mental health needs, for whom the RHE curriculum is fundamental to lifelong well-being.

Equalities and Diversity

Schools, like all public institutions, have specific responsibilities in relation to equality and protected characteristics. Planning and resources are reviewed to ensure they comply with equalities legislation and the school's equal opportunities policy. In our school we seek to recognise and embrace the diverse nature of our community. We aim to value and celebrate religious, ethnic and cultural and family diversity as part of modern Britain.

Parent/carer partnership

Parents and carers are the primary providers of their children's relationship and health education. They have the most significant influence in enabling their children to grow and mature and to form healthy relationships. RHE is designed to support and complement this. Parents will be informed at the start of every new topic to enable them to support their child's knowledge and understanding and help further develop their children's skills.

Please note there is no parental right of withdrawal from Relationships and Health Education content within the school curriculum, or from any statutory sex education that forms part of the National Curriculum for Science. Parents will always be consulted if the school decides to teach a non statutory aspect of the RHE curriculum and parents will have the right to withdraw their child from those lessons.

For further information please click the link: Understanding Relationships and Health Education in your child's primary school: a DFE guide for parents.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907638/RSE_primary_schools_guide_for_parents.pdf

Additional FAQs may be found [here](#).