

Our Children's Centres

Rosendale Children's Centre

Address:

Rosendale Primary School
& Children's Centre
Rosendale Road
SE21 8LR

Email: childrenscentre@rosendale.cc

Website: www.rosendale.cc

Phone: 020 8761 7411

Bus Routes: 3, 196, 322, 68, 468



Upcoming Closure Dates: 18th - 21st April (Easter Weekend), 22nd April (Inset Day), 5th and 26th May (Bank Holidays), 18th - 29th August (Summer Break)

Cherry Tree Children's Centre

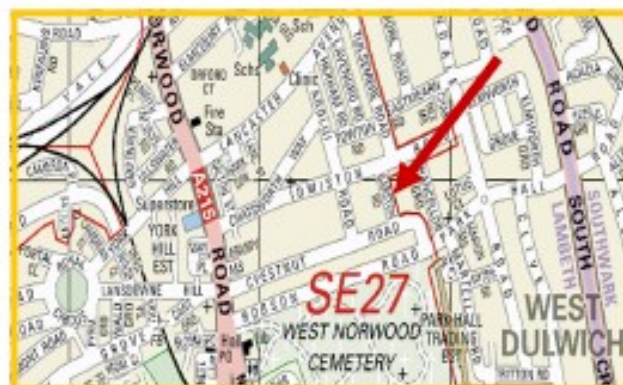
Address:

Cherry Tree Children's Centre
8 Barston Road
West Norwood
SE27 9HE

Email: info@cherrytreecc.org

Phone: 020 8761 3835

Bus Routes: 2, 432, 196, 322, 68, 468



Upcoming Closure Dates: 15th - 21st April (Easter Break), 22nd April (Inset Day), 5th and 26th May (Bank Holidays), 4th - 15th August (Summer Break), 25th August (Bank Holiday)

Liz Atkinson Children's Centre

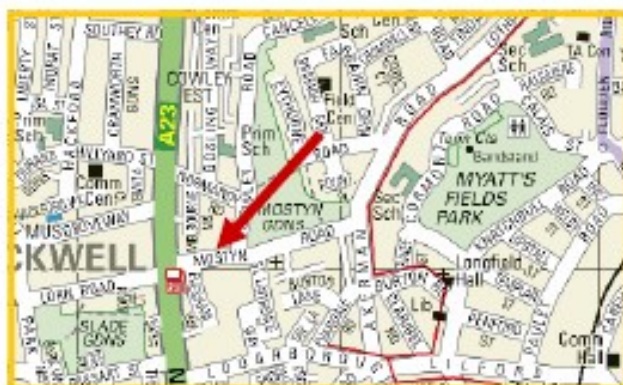
Address:

Liz Atkinson Children's Centre
9 Mostyn Road
Brixton
SW9 6PH

Email: lizatkinson@rosendale.cc

Phone: 020 7587 0914

Bus Routes: 3, 59, 133, 415



Upcoming Closure Dates: 18th - 21st April (Easter Weekend), 22nd April (Inset Day), 5th and 26th May (Bank Holidays), 18th - 29th August (Summer Break)

ROSENDALE
SE21
Children's Centre



Liz Atkinson 
Children's Centre

Activities and Services

Summer 2014




Lambeth

Sure Start
Children's Centres


Ofsted
Registered

Who we are and what we do...

This programme lists all the activities and services running from 7th April - 29th August across all three of the children's centres in our partnership; Rosendale, Cherry Tree and Liz Atkinson. We also offer high quality, affordable, childcare at both our Rosendale and Cherry Tree sites. For more information about our childcare services, please get in touch using the details on the back of this leaflet.

We welcome and encourage parental engagement in our children's centres, and aim to offer services which meet the needs of our local communities. Ask us for more information on how you can get more involved.

Monday

Home-Start Volunteer Training

@ Liz Atkinson Children's Centre

8 Sessions: 9:30 am - 2:30 pm

28th April - 2nd June. Call 020 7924 9292 to find out more about future volunteer training with Home-Start Lambeth.

Weaning Talk

@ Cherry Tree Children's Centre

12th May: 10:00 am - 11:30 am

Learn how and when to introduce your baby to different solid foods. Babies under 1 are welcome in the session. Call 020 8761 3835 to book.

Baby Reflex

@ Liz Atkinson Children's Centre

3 Sessions: 10:00 am - 11:30 am

Learn to calm your baby with strokes to the feet in this course for babies under 6 months. 9th - 23rd June. Call 020 7587 0914 to book.

Childminders' Drop In

@ Liz Atkinson Children's Centre

Weekly: 10:00 am - 12:00 pm

Play session for registered childminders living in SW9 or SE5 and the children in their care. Receive support around training, planning, safeguarding and Ofsted. Term time only.

Housing, Debt & Benefits Advice

@ Rosendale Children's Centre

Monthly: 10:00 am - 12:30 pm

Confidential advice around housing, debt and benefits is available monthly from the Citizens Advice Bureau. 28th April, 23rd June, 21st July. Call 020 8761 7411 to book.

Housing, Debt & Benefits Advice

@ Liz Atkinson Children's Centre

Monthly: 10:00 am - 12:30 pm

Confidential advice around housing, debt and benefits is available monthly from the Citizens Advice Bureau. 14th April, 12th May, 9th June, 7th July, 4th August. Call 020 7587 0914 to book.

Cook Up - St Michael's Fellowship

@ Liz Atkinson Children's Centre

Weekly: 1:00 pm - 4:15 pm

Drop in cooking sessions for mums under 22 and dads under 25. Prepare healthy family meals with other parents. Limited crèche places available.

British Sign Language Course

@ Rosendale Children's Centre

10 Sessions: 1:15 pm - 3:15 pm

Learn to communicate with deaf people on a range of useful topics with beginner level BSL. 12th May - 21st July (no session 26th May). Limited crèche places available. Call 020 8761 7411 to book.

Sleep Workshop

@ Cherry Tree Children's Centre

16th June: 1:30 pm - 3:00 pm

A workshop for parents of children aged 6 - 18 months with top tips on sleep. Limited crèche places available. Call 020 8761 3835 to book.

Summer Sing Along

@ Liz Atkinson Children's Centre

6 Sessions: 1:30 pm - 3:00 pm

Fun course for babies from birth to 1 year and their parents/carers. Discover new ways to read, sing and play with your baby in these interactive sessions led by an Early Years Literacy Development Worker from Lambeth Libraries. 16th June - 21st July. No need to book, just drop in to take part.

Tuesday

Home-Start Volunteer Training

@ Liz Atkinson Children's Centre

8 Sessions: 9:30 am - 2:30 pm

28th April - 2nd June. Call 020 7924 9292 to find out more about future volunteer training with Home-Start Lambeth.

First Aid Course

@ Cherry Tree Children's Centre

20th May: 9:45 am - 12:00 pm

First Aid course for parents with children under 5. Learn how to deal with common injuries and gain the confidence to act in a life saving situation. Limited crèche places available. Call 020 8761 3835 to book.

Stay & Play

@ Rosendale Children's Centre

Weekly: 10:00 am - 11:30 am

Play session for children aged 2 - 5 years. Meet other local families, share songs and rhymes and get lots of ideas to take home. Please note this session is for families, professional child carers are directed to Childminders' Drop Ins.

Speech & Language Advice Drop In

@ Rosendale Children's Centre

Monthly: 10:00 am - 11:30 am

Once a month a Speech and Language Therapist attends Stay & Play at Rosendale to give advice to parents. Come along to ask your questions on 29th April, 27th May, 24th June or 29th July.

Weaning Talk

@ Liz Atkinson Children's Centre

17th June: 10:00 am - 11:30 am

Learn how and when to introduce your baby to different solid foods. Babies under 1 are welcome in the session. Call 020 7587 0914 to book.

Play & Learn

@ Liz Atkinson Children's Centre

Weekly: 10:00 am - 12:00 pm

Drop in play session for families who have concerns about their child's development run by a Home Support Worker from the Early Years Alliance. Term time only.

Development Checks

@ Rosendale Children's Centre

Weekly: 10:00 am - 1:00 pm

Development checks for children aged 2 and a half years. To book a development check for your child please speak to your Health Visitor or GP.

The Milk Spot

@ Cherry Tree Children's Centre

Weekly: 1:00 pm - 3:00 pm

Drop in session offering specialist support, information and guidance to breastfeeding mothers from a Children's Centre Midwife in a relaxed, baby friendly environment.

Zumbini

@ Rosendale Children's Centre

6 Sessions: 1:30 pm - 2:30 pm

Wiggle, sing and learn together in this Zumba inspired course for women and their children aged 0 - 2 years. 6th May - 17th June (no session 27th May). Please ensure you can attend all 6 sessions before taking a place. Call 020 8761 7411 to book.

Advice & Support Play Group

@ Liz Atkinson Children's Centre

Weekly: 1:30 pm - 3:00 pm

Drop in play session for families with children under 5 who would like advice and information around housing, benefits, childcare (including the Two Year Offer), parenting, child development or training and employment opportunities.

Toilet Training Workshop

@ Rosendale Children's Centre

8th July: 1:30 pm - 3:00 pm

Information and advice on toilet training for parents of children aged 18 months and over. Limited crèche places available. Call 020 8761 7411 to book.

Wednesday

Development Checks

@ Liz Atkinson Children's Centre

Weekly: 9:15 am - 12:15 pm

Development checks for children aged 2 and a half years. To book a development check for your child please speak to your Health Visitor or GP.

Development Checks

@ Cherry Tree Children's Centre

Weekly: 9:30 am - 12:30 pm

Development checks for children aged 2 and a half years. To book a development check for your child please speak to your Health Visitor or GP.

Advice & Support Play Group

@ Cherry Tree Children's Centre

Weekly: 10:00 am - 11:15 am

Drop in play session for families with children under 5 who would like advice and information around housing, benefits, childcare (including the Two Year Offer), parenting, child development or training and employment opportunities.

Stay & Play

@ Liz Atkinson Children's Centre

Weekly: 10:00 am - 11:30 am

Play session for children aged 2 - 5 years. Meet other local families, share songs and rhymes and get lots of ideas to take home. Please note this session is for families, professional child carers are directed to Childminders' Drop Ins.

Speech & Language Advice Drop In

@ Liz Atkinson Children's Centre

Monthly: 10:00 am - 11:30 am

Once a month a Speech and Language Therapist attends Stay & Play at Liz Atkinson to give advice to parents. Come along to ask your questions on 16th April, 21st May, 18th June or 16th July.

The Milk Spot

@ Rosendale Children's Centre

Weekly: 10:00 am - 12:00 pm

Drop in session offering specialist support, information and guidance to breastfeeding mothers from a Children's Centre Midwife in a relaxed, baby friendly environment.

LAWA - Advice Drop In

@ Liz Atkinson Children's Centre

Weekly: 10:00 am - 12:30 pm

Specialist service for Portuguese and Spanish speaking women provided by Latin American Women's Aid. Get confidential advice, information and support around form filling, housing, benefits or relationships. No need to book, just drop in.

Dads' First Aid Course

@ Rosendale Children's Centre

30th July: 5:45 pm - 8:00 pm

First Aid course for fathers with children under 5. Learn how to deal with common injuries and gain the confidence to act in a life saving situation. Call 020 8761 7411 to book.

Expectant Fathers Programme

@ Rosendale Children's Centre

4 Sessions: 6:00 pm - 8:00 pm

EFP provides first time dads-to-be with the experience of practical baby care skills, the information to develop a greater understanding of their new role, and the opportunity to become the kind of father that they want to be. 2nd - 23rd July. Call 020 8761 7411 to book.

Thursday

Time to Play

@ Rosendale Children's Centre

Weekly: 10:00 am - 11:30 am

Weekly play session for children aged 6 months - 2 years. Meet other local families, share songs and rhymes and get lots of ideas to take home. Please note this session is for families, professional child carers are directed to Childminders' Drop Ins.

Connected Brixton - IT Course

@ Liz Atkinson Children's Centre

10 Sessions: 10:00 am - 12:00 pm

Build your computer skills and discover new technologies in this course from CLC. 24th April - 3rd July (no session 1st May). Limited crèche places available. Call 020 7587 0914 to book.

Childminders' Drop In

@ Cherry Tree Children's Centre

Weekly: 10:00 am - 12:00 pm

Play session for registered childminders living in SE27, SE21, SE24 or SW2 and the children in their care. Receive support around training, planning, safeguarding and Ofsted. Term time only.

First Steps

@ Cherry Tree Children's Centre

Weekly: 10:30 am - 12:00 pm

Relaxed drop in sessions for new mums and dads with babies from birth to 1 year. Meet other local parents and discover the range of services available for you and your new family. Please note this session is for families, professional child carers are directed to Childminders' Drop Ins.

Cook & Eat Workshops

@ Liz Atkinson Children's Centre

Monthly: 1:00 pm - 3:00 pm

Cooking sessions for children aged 18 months - 5 years and their families. Learn to cook healthy family meals on a budget. 17th April, 22nd May, 26th June, 17th July, 14th August. Call 020 7587 0914 to book.

Cook & Eat Workshops

@ Cherry Tree Children's Centre

Fortnightly: 1:00 pm - 3:00 pm

Cooking sessions for children aged 18 months - 5 years and their families. Learn to cook healthy family meals on a budget. 24th April, 15th and 29th May, 12th and 26th June, 10th and 24th July. Call 020 8761 3835 to book.

The Milk Spot

@ Liz Atkinson Children's Centre

Weekly: 1:00 pm - 3:00 pm

Drop in session offering specialist support, information and guidance to breastfeeding mothers from a Children's Centre Midwife in a relaxed, baby friendly environment.

Shining Stars

@ Rosendale Children's Centre

Weekly: 2:00 pm - 3:30 pm

Drop in play and support group for children with medical and/or additional needs, run by an Outreach Nurse from the Mary Sheridan Centre for Child Health. Enjoy a rolling programme of sensory activities including massage, music and yoga in a relaxed, child friendly environment.

Sensory Toy Library

@ Rosendale Children's Centre

Fortnightly: 3:00 pm - 4:30 pm

Borrow from a range of sensory toys and equipment designed to stimulate and support children with additional needs, disabilities, or developmental delay. Open every 2 weeks on 10th and 24th April, 8th and 22nd May, 5th and 19th June, 3rd, 17th and 31st July, 14th August.

Five Steps Toilet Training

@ Rosendale Children's Centre

Weekly: 4:00 pm - 4:45 pm

Toilet training advice sessions for children with medical and/or additional needs and their families run by an Outreach Nurse from the Mary Sheridan Centre for Child Health. Drop in to find out more.

Friday

Baby Clinic

@ Liz Atkinson Children's Centre

Weekly: 9:30 am - 11:30 am

Drop in to get your baby weighed and put any questions you may have to the Health Visiting Team. Please bring your red book with you.

Time to Play

@ Liz Atkinson Children's Centre

Weekly: 10:00 am - 11:30 am

Weekly play session for children aged 6 months - 2 years. Meet other local families, share songs and rhymes and get lots of ideas to take home. Please note this session is for families, professional child carers are directed to Childminders' Drop Ins.

ESOL Improvers

@ Cherry Tree Children's Centre

10 Sessions: 10:00 am - 12:00 pm

English classes for speakers of other languages provided by Hightrees Community Development Trust. 25th April - 4th July (no session 30th May). Limited crèche places available. Call 020 8761 3835 to book.

First Aid Course

@ Liz Atkinson Children's Centre

11th July: 12:45 pm - 3:00 pm

First Aid course for parents with children under 5. Learn how to deal with common injuries and gain the confidence to act in a life saving situation. Limited crèche places available. Call 020 7587 0914 to book.

Intro to Health & Fitness

@ Liz Atkinson Children's Centre

6 Sessions: 1:00 pm - 3:00 pm

Learn about maintaining a healthy mind and body, identify potential career routes and find out more about safe and effective practice in this diverse industry. 6th June - 11th July. Limited crèche places available. Call 020 7587 0914 to book.

Infant Massage

@ Cherry Tree Children's Centre

5 Sessions: 2:30 pm - 4:00 pm

Massage can calm and soothe your baby, promote health and wellbeing, and support the bond between parent and child. This course is suitable for babies under 6 months. 2nd - 30th May. Call 020 8761 3835 to book.

Support and information for local families

Being a parent isn't easy, but your children's centre is here to help. A member of staff from our Outreach Team can meet you at home or in one of the children's centres to give you support and advice on a broad range of family issues, and to provide information about the local services that can support you and your children.

Our Family Outreach Workers cover a broad range of topics including:

- Child health, development and behaviour
- Housing issues and homelessness
- Benefits, debt and food vouchers
- Mental health and wellbeing
- Relationship difficulties and domestic abuse
- Finding work, training, volunteering or childcare

For more information or to ask for support, call or text Helen, our Outreach Coordinator, on 07920 066 590, or drop in to one of our weekly Advice & Support Play Groups.